

FAMILY AND CONSUMER SCIENCES

WHERE ACADEMICS MEETS REAL LIFE

HOW OUR CLASSES LEADS TO CAREERS



World of Food

Explore Culture
Use a variety of equipment
Use Common Spices
Make Fresh Pasta
Try New Ethnic Foods
Create Whole Meals
Research Specific Cuisine

Culinary

Advanced Knife Skills
Herbs & Spices Chef Contest
Fundamentals of Culinary Skills
Cupcake Wars
Garnishing & Plate Design
Perform a Cooking Show
Create a New Recipe

Human Relations

Develop Leadership Qualities
Critical Communication Skills
Conflict Resolution
Overcoming Adversity
Independent Living Skills
Forming Healthy Relationships
Self Reflecting & Goal Setting

Parenting

Healthy Pregnancy
Brain Development
Explore Needs and Care
Design a Layette
Examine Parenting Styles
Foster Positive Relations
Promote Learning

Interior Design

Create Color Schemes
Use Architectural Plans
Elements & Principles
Practice Rendering
Experience CAD programs
Design Presentation Boards
Establish a good work ethic

Fashion Analysis

Analyze your best colors
Pattern your features
Select a Wardrobe
Design with an end in mind
Determine quality of clothing
Design a GREEN Dress
Fashion Designers

Health Practicum

Employability Skills
Job Shadows
Work-based Learning
Community Service
Global Health
Career Planning
Capstone Showcase

FOCUSED SKILLS UTILIZED

Cooperation
Compare & Contrast
Discover
Produce
Technical Reading
Bislinguish

Team Management
Experimental
Measure
Compare
Create & Design
Present & Critique

Teamwork
Persuasion & Discuss
Connect
Explore & Evaluate
Relate & Empathize
Build Community & Sell

Explore & Analyze
Plan & Implement
Predict
Demonstrate
Practice
Generate

Design
Inter
Critique
Develop
Justify
Imagine

Coordinate
Integrate
Construct
Illustrate
Interpret
Classify

Communication
Organization
Skills focused
Reasoning
Explore & Implement
Evaluate

CAREERS

Beltician
Professional Chef
Food Stylist
FIS Teacher
Food & Drug Inspector
Nutritionist
Food Service Director

Interior Designer
Architect
Retail Manager
Display Designer
Photographer
Fashion Stylist
Set Designer

Business Management
Psychologist
Community Service Director
Education
Life Coach
Marriage & Family Therapist
Financial Advocate

Early Childhood Teacher
Elementary Teacher
Social Worker
Psychologist
Childcare Administrator
Special Education Teacher
FIS Teacher

Interior Designer
CAD Specialist
Kitchen Planner
Display Designer
Architect
Real Estate Agent
Set Designer

Fashion Merchandising
Product Manager
Accessories Designer
Shoe Room Sales Rep
Fashion Designer
Shoe Designer
Display Designer

Family Medicine
Nursing
Pharmacy
Research
Health Technicians
Psychology
Veterinarian

Food and Nutrition, Advanced Food and Nutrition, and Health Occupations also offered at North Campus (see descriptions on reverse side)

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WHERE ACADEMICS MEETS REAL LIFE



HOW OUR CLASSES LEAD TO CAREERS

Food & Nutrition
Adv. Food & Nutrition
 Basic Cooking
 Health & Wellness
 Food Guides
 Fundamentals of Nutrition
 Science & Safety
 Health Concerns
 Meal Planning & Management

Design & Clothing
 Following Instruction Sheets
 Operate a Sewing Machine
 Use Fine Motor Skills
 Create Clothing
 Imagine Patterns for Quilting
 Create Household Textiles
 Basic Design Principles

World of Children
 Preschool Development
 Create a Children's Book
 Develop Age Appropriate Activities
 Analyze Cognitive Development
 Foster Social/Emotional Health
 Prepare Healthy Food
 Work with Preschool Children

Health Occupations
 Career Exploration/Career Fair
 Advancing Technology
 Patient Rights & Ethics
 Measure Vital Signs
 Professional Speech
 Therapeutic Communication
 Job Shadow & Interview

Developing Relations
 Leadership
 Positive Relationships
 Organizational Skills
 Decision Making
 Goal Setting
 Community Service
 Time Management

Cooperation
 Compare & Contrast
 Trouble Shoot
 Produce
 Technical Reading
 Experiment

Measure
 Construct
 Critique
 Design
 Problem Solve
 Imagine

Manage
 Discover
 Illustrate & Write
 Develop
 Instruct
 Justify

Explore & Analyze
 Plan & Implement
 Organize
 Demonstrate
 Practice
 Generate

Teamwork
 Question & Discuss
 Value
 Recall & Describe
 Relate
 Build

FOCUSED SKILLS UTILIZED

CAREERS

Dietician
 Professional Chef
 Food Stylist
 FCS Teacher
 Food & Drug Inspector
 Nutritionist
 Food Service Director

Interior Designer
 Architect
 Retail Manager
 Display Designer
 Photographer
 Fashion Stylist
 Set Designer

Early Childhood Teacher
 Elementary Teacher
 Social Worker
 Psychologist
 Childcare Administrator
 Special Education Teacher
 FCS Teacher

Doctor of Medicine
 Registered Nurse
 Chiropractor
 Psychologist or Counselor
 Physical & Occupational Therapy
 Sports Medicine
 Special Education

Business Management
 Counseling Psychologist
 Community Service Director
 Social Worker
 Employment Counselor
 Marriage & Family Therapist
 Financial Advocate

ASK AN INSTRUCTOR ABOUT ADDITIONAL PROGRAMS SUCH AS

HEALTH-YOUTH APPRENTICESHIP OR PROSTART
 TO GET A JUMP START ON YOUR CAREER!!!